

ANNUAL CONFERENCE 2022



OCTOBER 21 IN PERSON COURSES

Friday In Person Courses

8-8:50 a.m. **Keynote Speaker: Wayne Winistorfer**

Wayne L. Winistorfer is a distinguished member of WOTA, most recently receiving the Lifetime Achievement Award at the 2021 Annual Conference. Wayne is a Fellow of the American Occupational Therapy Association, an ambassador for NBCOT, and a champion voice for the Occupational Therapy Licensing Compact. His career includes serving as a Regional Director - Rehabilitation Services for Ascension NE Wisconsin, PRN OT in Behavioral Health, and as an instructor at Fox Valley Technical College.

9:05 a.m. to 10:30 a.m. (Choose 1 of 4 options)

1. **Social determinants of health, cultural considerations and the Dementia client**, Led by Jennifer Labonte, OTD
2. **COTAs working in non-traditional roles and how to improve themselves within it**, Led by Renee Hammen, COTA
3. **Five Things I Wish I'd Known Before Treating My First Child**, led by Robin Abbott, OTR
4. **Student Poster Presentations**

10:40 to 12:10 p.m. (Choose 1 of 5 options)

1. **Bodywork for Babies: Assisting Readiness for Occupational Tasks of Infancy**, Led by Susan Vaughan Kratz, OTR, CST

Based on her newly released book: Bodywork for Babies, Susan demonstrates how these techniques are revolutionary for infant and pediatric health and wellness. Employing a fusion of craniosacral therapy, lymphatic techniques, modified visceral-myofascial-interstitial mobilization, you will go over treatment routines honed through years of therapy encounters with babies. Written for any healthcare professional who can practice manual therapies, this book is also a gift to all parents who wish to understand their baby's development and behaviors better. When babies simply are not 'growing out of an issue', there are answers waiting to be discovered in the body. The body knows what the problem is and will guide the trained therapist to the exact spot.

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Continued

2. **Creating an Investing in new clinicians: Best Practices for Successful integration into the Workforce**, led by Jennifer Labonte, OTD
3. **Mindfulness practice tools for use with people with physical disabilities: A comparative analysis**, led by Bhagwant Sindhu PhD, OTR *With UWM Student Co Presenters:* Alyssa Huguet, BS Kinesiology (Pre-PT) Student, Sher Vue, MSOT Student, Greta Huber, BS Occupational Studies (Pre-OT) Student
4. **Self Regulation, Artificial Intelligence (AI) and Healthy Aging**, Franklin Stein, OTD
5. **Development of a Community-Based Vocational Program**, Laura Nagel, OTR and Julia Dawson, OTS

12:10 to 1:00 p.m. **WOTA Business Meeting and Student Meeting**

1:10 to 2:40 pm. (Choose 1 of 4 options)

Note: the first two options will fill the rest of your afternoon.

1. **We did it! Permanent Flexibility to Open Home Health Care Cases Propels the Occupational Therapy Practice Forward**, led by Kelly Sajdak, OTD (3 ceus)
2. **Modalities**, led by Teresa Van Lanen, OTR (3 ceus)

Note: the next two options will allow you to add another class at 2:50 p.m.

3. **Changes in Rules and Legislation**, Teresa Black, COTA and Wayne Winistorfer, OTR
Learn about the OT Compact, new rules for licensing, telehealth and more! (1.5 ceus)
4. **Empathy as an Essential Skill for Occupational Therapy Practice**, led by Julie Hunley PhD, OT and Kelly Stapelman OTD, OTR (1.5 ceus)

2:50 to 5 pm. **Ballroom Basics for Balance**, led by Susan Frikken, Licensed Physical Therapist and Massage Therapist

Come prepared to move! Susan Frikken, Founder of Ballroom Basics for Balance, will show you how to incorporate dance, and fun into therapy situations.

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ON DEMAND PACKAGE (INCLUDES 16 CEUS!)

On Demand Courses

The Importance of Advocacy in OT, by Bob Welch, WOTA lobbyist (1 CEU)

Exploring Leadership Opportunities for COTAs, by Heidi Splinter, COTA and Leah Krantz, COTA (1.5 CEUs)

This course will provide current COTAs and future COTAs information on various leadership opportunities that are available. You will learn about various roles that can be held, how to lead a multi-disciplinary team that encompasses physical therapy, speech and language therapy, and feeding therapy. You will also learn ways to overcome barriers in leadership as a COTA.

LGBTQ+ 101, by Laura Nagel, OTR and Kathryn Record, OTR (1.5 CEUs)

As OT professionals we are uniquely qualified to support clients in everyday functional participation and actualize their potential. The newest updates to the Occupational Therapy Practice Framework outline additional considerations for individuals in the LGBTQ+ community. This session is intended for those new to learning about this aspect of client care and those who want to broaden their knowledge. We will review general concepts, communication considerations, and practice resources to fill your toolbox, specifically with regard to a pediatric and young adult population.

Cognition and Driving, by Laurie Misslich,OTR (1.5 CEUs)

- The participant will verbalize two objective and two functional cognitive tests that can be used in any setting to identify patients who may have ADL or IADL deficits related to cognition.
- The participant will verbalize understanding of Michon's three levels of Driving Behaviors and how typical OT assessments of physical/sensory ability, emotional regulation, cognition and insight during typical patient contact can give clues about potential unsafe driving behaviors.
- The participant will verbalize how to make an appropriate referral to a clinical and on the road driving assessment.

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How Centering Diversity Can Change the Way Occupational Therapists Learn, Work, and Create, by Cynthia Clough, OTD (1.5 CEUs)

As occupational therapists continue to provide services to people from diverse backgrounds and as our profession seeks to diversify our workforce, it is imperative that a deep understanding of diversity centers our efforts. This presentation will offer an opportunity for participants to examine how society has been constructed around whiteness, ableism, heterosexuality, gender binaries, and through patriarchy. Through exploration of these power structures, we can begin to understand the central position they have on the places occupational therapists learn, work, and create. By committing to centering race, disability, gender fluidity, fluidity of sexual orientation, and feminism we can create infrastructure that is responsive to all people. Creating an inclusive world where people experience authenticity, acceptance, and belonging will require fundamental shifts in our thinking and actions. As occupational therapists continue to seek innovative ways to expand services to populations and communities, it is more important than ever that we commit to becoming a diverse profession that serves people of diverse backgrounds.

Leadership in Fieldwork Education Through Emotional Intelligence, by Meghan Anderson, OTR and Sue LaCroix, OTD (1.5 CEUs)

Who cares about the Allen? The importance of the ACLS in all Adult Settings, by Sarah Clemons-Wagner, OTR (1.5 CEUs)

Understand the ACLS, correct scoring and the theory behind it. Understand the use and importance of the ACLS in Adult Rehab, Outpatient, Behavioral Health and Home Health-ALF/SNF. Be able to state when to use the ACLS and how to setup treatment sessions following the information learned, based on the scoring. Bonus: understand approaches to engage complicated clients using Behavioral Health techniques for all settings.

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LGBTQIAA+ : What Every OT Should Know, by Carlynn Higbie, OTR (1.5 CEUs)

Disparities in health outcomes exist among sexual and gender minorities (SGM). In addition, many LGBTQ+ individuals have reported negative interactions because of cultural insensitivity from health care providers and in health care environments. Many avoid seeking necessary health care services for fear of receiving inadequate or insensitive care, which tends to exacerbate the health disparities they often face. Due to a lack of provider education on LGBTQ+ health issues, LGBTQ+ patients often find themselves educating health care practitioners on their medical needs.

As occupational therapy practitioners, we respect and treat every client as a whole person. Because sexual orientation and gender identity affects one's occupational performance on so many levels, occupational therapy practitioners who are educated on health disparities and the culture of LGBTQ+ communities are best equipped to serve these clients effectively.

Home Health Start of Care: The Perfect Patient Experience!, by Laura Sostre, OTR (1.5 CEUs)

This course will take the practitioner into a deep dive of understanding:

Advanced Care Planning

Safety Concerns

Infectious and Communicable Disease / Isolation Measures

Therapeutic Vital Management and Ranges

Payment Information

Understanding Active Diagnosis and Care Plan Management

Assessment Performance and Interpretation: Pain, OMCT, Depression Screening, C-SSRS, GAD - 7, MAHC 10, TUG, Nutrition, Braden Scale

Comprehensive Oasis Walk with Home Management Safety to include Sensory, Respiratory, Cardiovascular, and Neurological Components@

Medication Management

Chronic Disease Management and Care Planning

ADL / IADL Management to include Gastrointestinal, Genitourinary and Integumentary Systems

Oasis Scoring and PurposeTeam Bridging (Patient, Family, Care Team, Physicians)

Beneficial for the OT team (OTR / COTA)

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Ascension St. Elizabeth Hospital Partial Hospitalization Program (PHP) for Adolescents, by Autumn Anderson, OTR (1.5 CEUs)

At Ascension, we understand that caring for your mind is just as important as caring for your body. Our program was created as a step down from our inpatient behavioral health unit while still offering a higher level of support compared to other outpatient programs. When joining this session you will learn about my role as a COTA in helping to develop and facilitate occupational therapy programming for PHP.

Receive an overview of:

- Hands-on coping techniques and methods
- How to engage adolescents ages 12- 18
- Meeting individual needs and achieving goals
- Creating a bridge from hospital to home or school
- The development and growth of our program
- Target population and condition trends
- Therapy team dynamics
- Elements of a healing environment

Employment and Employability = Individual and Community Health, by Mike Garrigan, COTA (1.5 CEUs)

A systematic look at occupational therapy's role in the current employment crisis.

- Higher employment rates lead to better health outcomes in individuals
- Employable workers address greater societal needs
- Occupational Therapy's role - A holistic community practice
- Private Sector and Non - Profit opportunities