



Course Options

Friday, October 16, 2020

Keynote address 8 a.m. (all attend and earn 1 CEU)

2020 Vision? Envisioning our future through the lens of a world changed by a global pandemic.



What will a post COVID-19 world look like and how will our lives be forever changed? Changes in daily occupations, customs and habits, workplaces, communication and technology will create new challenges and opportunities for our profession. This presentation will explore these dynamics and seek to envision what the future may hold for the practice of occupational therapy.

Dr. Brent Braveman has practiced as an occupational therapy clinician, educator, researcher and manager since entering the profession in 1984. He currently is the Director of the Department of Rehabilitation Services at the University of Texas MD Anderson Cancer Center in Houston Texas. MD Anderson Cancer Center was recently ranked at the top cancer hospital in the country by US News and World Reports. The Department of Rehabilitation Services employs over 100 occupational therapy and physical therapy practitioners.

Dr. Braveman has authored 23 peer reviewed refereed journal articles, 15 book chapters and is author of three occupational therapy text books. He has presented at national and international conferences on cancer rehabilitation, work disability, strategic planning and leadership.

He has a long history of volunteer service in state and national professional association activities including serving two terms on the AOTA Board of Directors as Speaker of the Representative Assembly and as Secretary. He is currently serving as Board Director for Region IV on the American Occupational Therapy Association Political Action Committee (AOTPAC) Board of Directors. He served as a representative to the National Institutes of Health Working Group on Cancer Rehabilitation, as a Standing Committee Member on the National Quality Forum's NQF Cancer Project and on the NQF's project on co-designing patient centered care.

Dr. Braveman is a Fellow of the American Occupational Therapy Association and a recipient of the AOTA Recognition of Achievement Award for "Exemplary Contributions in Management and Program Development."



Friday 9-10:20 a.m.

AOTA Official Documents: Update and OT Practice Framework 4th edition (1.5 ceus)

Presented by: Wayne L Winistorfer, MPA, OTR, FAOTA

Course Description: It is essential for OT practitioners to be aware of AOTA Official Documents to support practice. This session will highlight recently revised documents of interest and their application. OT Practice Framework, 4th edition was approved by the RA in May, 2020. This session will discuss the revision process and overview of changes.

Discovering Silver Linings: Transformation of an Interdisciplinary AAC Program in Response to the COVID-19 Crisis (1.5 ceus)

Presented by: Annabeth Knight, OTD, OTR/L + Mara Jonet, MA, CCC-SLP

Course Description: This presentation will discuss the transformation of a high-frequency transdisciplinary AAC program in outpatient pediatrics in response to COVID-19. We will identify implementation barriers and analyze the development of new program components. Participants will apply service delivery concepts to case studies, and evaluate feasibility of implementation in their setting.

Racism is a Public Health Crisis: What Does this Mean for Occupational Therapy (1.5 ceus)

Presented by: Cynthia Clough

Course Description: This session will offer participants an opportunity to understand the extent and nature of racial disparities that exist in health outcomes. Participants will have the opportunity to discuss the impact of racism on public health indicators such as infant mortality, maternal health, obesity, diabetes, heart disease, asthma, lead-poisoning, and COVID-19. The role of occupational therapists in recognizing and interrupting racism as well as developing an anti-racism disposition as a citizen and in practice will be explored.



Friday 10:30-11:50 a.m.

Emotional Intelligence Training for the Occupational Therapy Leaders (1.5 ceus)

Presented by: Abby Waters, COTA

Course Description: Effective and high performing leaders in all professions stand apart because they possess emotional intelligence skills. Occupational therapy professionals are unique and talented leaders that are included in this broad professional group. As we study emotional intelligence, we personally and professionally grow to become more respected, productive, and collaborative. In this course, we will discover the five areas of emotional intelligence that occupational therapy professionals can grow in. This teaching will review practical scenarios and leadership training to continue development in the areas of self-awareness, social awareness, self-regulation, social regulation, and motivation.

Effective OTR/COTA Relationships: Promoting clinical growth and leadership through collaboration and mentorship. (1.5 ceus)

Presented by: Heidi Splinter, Annabeth Knight

Course Description: This presentation will walk you through the various collaboration structures of the OTR and COTA relationship in the outpatient pediatric setting. We will discuss various topics including mentorship, collaboration, leadership, and supervision within the clinic or via Telehealth, and highlight successes and areas of growth based on case studies.

The Clinician's Experience of Telehealth (1.5 ceus)

Presented by: Katrina Serwe, PhD, OTR/L; Abigail Fritz, MOT; Alexa Kempen, MOT; Greta McCash, MOT; Shayna Ruplinger, MOT

Course Description: This presentation will share the results of a mixed-method study examining the clinician's experience of delivering an evidence-based caregiver wellness program called Powerful Tools for Caregivers via telehealth. The presentation will share the study results and discuss implications for clinicians delivering an education-based group class synchronously (live) using videoconferencing.



Friday 12-12:50 p.m. Group Meeting. All attend and earn 1 ceu.

Friday Afternoon: Earn 3 ceus by attending either a "double" course (fills your afternoon), or by attending two 1.5 ceu courses.

Friday 1-3:50 p.m. (Double Course)

School-Based Mental Health: ESSA and SISP (3 ceus)

Presented by: Cindy Clough

Course Description: In recent years, there has been increased recognition of the mental health needs of children and youth. Occupational therapy has foundational roots in intervening on behalf of mental health conditions and are uniquely positioned in schools to work collaboratively on school teams addressing mental health needs through a tiered public health model. The Every Student Succeeds Act (ESSA) recognizes related service providers as Specialized Instructional School Personnel (SISP) paving the way for school occupational therapists to provide services beyond IDEA. In this session participants will develop understanding of the mental health needs of children and youth and the potential roles for OT in a tiered public health model. Participants will develop a plan for leveraging ESSA to deliver occupational therapy services that address mental health and mental wellness in school settings.

Self-Leadership: It All Starts with You! (3 ceus)

Presented by: Kelly Sajdak, OTR/L, MSOLA

Are you looking to grow as a leader? Join Kelly Sajdak to learn more about the tools and resources available to help you move forward in the OT profession.



Or choose from these 1.5 ceu courses to fill two time slots:

Friday, October 16, 2020 1-2:20 p.m.

Driving Evaluation and Rehabilitation (1.5 ceus)

Presented by: Laurie Misslich

Course Description: Occupational Therapies role in Driving Evaluation and Rehabilitation

Simucase: Promoting Experiential Learning and Clinical Competency in Occupational Therapy (1.5 ceus)

Presented by: Wendy Brzozowski, BS, COTA/L

Course Description: We will show how Simucase helps OT & OTA students and professionals learn in a virtual environment.

Title: Developing Cultural Competence in Malawi, Africa: Student Experiences (1.5 ceus)

Presented by: Wendy Goldbach

Course Description:

Global education experiences can promote increased growth toward cultural proficiency and compassion toward others, which is greatly needed at this time in American history. Students and faculty from Concordia University will discuss their work in Malawi, Africa, and look at the ways this work developed cultural competence as well as empathy for others in both their OT practice and personal lives.



Friday, Oct. 16, 2020, 2:30-3:50 p.m.

Implementation of Indoor and Outdoor Sensory Paths for Grades 3-6 (1.5 ceus)

Presented by: Stacey Duncan, Katie Campbell, Felicia Holman, Debbie Bebeau

Course Description: Implementation of Indoor and Outdoor Sensory Paths for Grades 3-6

Addressing Student Anxiety: Calming Strategies for the Classroom, Clinic and the "New Normal" (1.5 ceus)

Presented by: Jeffrey Loveland, OTD, MS, OTR/L, FAOTA

Course Description: Anxiety has been the most common health diagnosis impacting college students for over a decade and may be more significant as students adjust to academic changes resulting from the COVID 19 pandemic. This session will focus on how student anxiety in an occupational therapy educational program is identified and addresses in various contexts from both a programmatic and institutional standpoint. Campus student service programs will be identified along with strategies students can learn to utilize in coping with identified stressors.

The paradoxical need for social connection and disconnection, challenging the social connection bias. (1.5 ceus)

Presented by: Alice Hortop, Senior OT Lecturer at The University of the West of England

Course Description: This course invites the audience to consider commonly held beliefs that inform some of our core practice delivery. This course begins with analyzing key definitions to set the parameters to explore how we socially connect and disconnect. We will use an autoethnographic journey to understand why disconnection can be valuable and how a 'one size fits all' approach is unfeasible with the complex people we hope to serve. We will challenge how we use the social connection as a prized therapeutic goal pulling on a wide variety of evidence including neuroscience and the polyvagal theory.

OT and Oncology (1.5 ceus) Presented by: Brent Braveman



Saturday, October 17, 2020

8 a.m. Keynote Address: Bob Welch, Lobbyist for WOTA (all attend and earn 1 ceu)

Learn about the advocacy efforts that have kept OTs and OTAs working during COVID-19, and about plans to expand our profession.

Saturday Morning: Earn 3 ceus by attending either a “double” course (fills your morning), or by attending two 1.5 ceu courses.

9-11:50 a.m. (“Double” course)

Meeting the Needs of Patients Within a Skilled Nursing Facility (SNF) Environment (3 ceus)

Presented by: Randi Johnson Hansen

Course Description: Educating on the foundations of SNF practice: Quick assessment tools, standardized tests, treatment ideas, documentation success, managing the "difficult" patient and reality based scenarios (as well as anecdotes) from a OT who has 21 years of experience, 16 exclusively in SNF practice. Geared towards students, new grads or anyone switching to SNF based practice.



Or choose from these 1.5 ceu courses to fill two time slots:

9-10:20 a.m.

The Injured Worker: The good. The bad. And meeting the patient where they are at! (1.5 ceus)

Presented by: Katie Arnold

Course Description: This presentation will include a review of case studies involving complicated workers compensation situations with discussion about client-centered approaches, utilization of job analysis and objective data to drive treatment, and emphasis on how OTs can focus on function to achieve optimal outcomes, elicit effective communication with employers and advocate for the patient and their safety.

What does our WI Practice Act allow us to do? (1.5 ceus)

Presented by: Teri Black

Course Description: WOTA has worked very hard to make many good changes in the Wisconsin OT licensure rules in the last 5 years. These changes include an expanded scope of practice, practice without Physician referral, COTA supervision changes and telehealth. Potential future changes will be included as well.

Trauma Informed Care: Bridging OT Practice to a Newer Model (1.5 ceus)

Presented by: Lara Taggart



Saturday 10:30-11:50 a.m.

Deep Dive into the PDPM MDS: What therapists should understand on the MDS and how it relates to therapy services (1.5 ceus)

Presented by: Dr. Jennifer Labonte, OTD

Course Description: Therapists will develop a deeper understanding on the PDPM MDS and how it impacts reimbursement, quality measures, nursing home ratings, and therapy services provided.

Tissue Biomechanics 101: The science behind tissue lengthening (1.5 ceus)

Presented by: Dr. Michael Borst, OTD, OTR, CHT; Professor of Occupational Therapy

Behaviors in Children and is it really Anxiety? (1.5 ceus)

Presented by: Nicole Boyington and April Doebert-Fischer

Saturday 12-12:50 p.m. Group Meeting. All attend and earn 1 ceu.



Saturday Afternoon: Earn 3 ceus by attending either a “double” course (fills your afternoon), or by attending two 1.5 ceu courses.

Saturday 1-3:50 p.m. (“Double” courses)

Healthy Aging and Occupational Therapy (3 ceus)

Presented by: Dr. Franklin Stein

Course Description: This presentation examines the latest research on longevity regarding exercise, nutrition, stress management, social relationships, relief of pain and spirituality. The author also examines the threats to healthy aging such as depression, falls and addictions. Designing a personal health diary and specific goals are discussed.

Comprehensive Pediatric Executive Functioning Toolbox (3 ceus)

Presented by: Laura Nagel

Course Description: Gain a deeper understanding of the subcategories of executive functioning and the research supporting intervention in each area. Emphasis will be placed on clinical application in a pediatric population through participation in play-based activities. Formal and informal evaluation approaches will also be explored.



Or choose from these 1.5 ceu courses to fill two time slots:

Saturday 1-2:20 p.m.

Differential diagnosis in occupational therapy: How to use the evidence (1.5 ceus)

Presented by: Michael Borst, OTD, OTR, CHT; Professor of Occupational Therapy

From Intensive Care to Community: Reframing Depression and Suicidal Ideation Interventions (1.5 ceus)

Presented by: Leslie Bardin and Audrey Comeau

Course Description: This course exemplifies occupational therapy's distinct role for individuals with mental illness through the hospital continuum of care. Using AOTA's Practice Guidelines for Individuals with Serious Mental Illness, the OT evaluation, intervention, and referral to next level of care is demonstrated through a case study. This case study explores evidence-based interventions to reframe maladaptive beliefs as well as strengthen motivation and self-efficacy for individuals with depression and suicidal ideation. Additionally, discussion will include elements of the Florence Clark's Lifestyle Redesign model and occupational storytelling as the individual transitions from the ICU to community settings.



Saturday 2:30-3:50 p.m.

Introduction to Motivational Interviewing: Promoting Clients Adoption of Lifestyle Changes (1.5 ceus)

Presented by: Elizabeth Larson

Course Description: Occupational therapists work with clients to support lifestyle changes that further wellness and recovery. Some clients are less successful in achieving their goals due to ambivalence or unrealistic plans. This interactive workshop will describe the use of motivational interviewing, an evidence-based approach, to coach clients in selecting/enacting effective lifestyle changes.

Bridging the Communication Divide Between Adults with Developmental and Intellectual Disabilities and their Communities (1.5 ceus)

Presented by: Anne Mueller, MA, OTS; Samantha Schwartz, MA, OTS; Madeline Carbery, MA, OTS; Lesley Thao; Beth Fields, PhD, OTR/L, BCG

Course Description: Telehealth can improve access to community-based services and programs for adults with intellectual and developmental disabilities (IDD), particularly during public health crises. This presentation will discuss evidence on how occupational therapists can utilize telehealth to bridge the communication divide for adults with IDD who rely on community-based services and programs.