



There are over 5,000 OTs and OTAs in Wisconsin.

WHAT IS OCCUPATIONAL THERAPY (OT)?

It is the therapeutic use of everyday life activities (occupations) with individuals or groups for the purpose of enhancing or enabling participation in roles, habits, and routines in hospitals, skilled nursing facilities, home, school, workplace, community, and other settings.

OT is a skilled intervention that helps individuals maximize their independence in all facets of their lives. It provides health, wellness, habilitation and rehabilitation services that promote independent and satisfying lives.

Services of one of the 5000 OTs and OTAs in Wisconsin might include

- Individualized intervention programs to improve a client's ability to perform daily activities, including self-care, and enhance participation
- Comprehensive home and job site evaluations with adaptation recommendations
- Assessment of skills to perform home management, work and leisure activities
- Adaptive equipment recommendations and usage training
- Education for clients, family members, and caregivers
- School-based services to enhance educational outcomes
- Psychosocial interventions to address behavioral health needs
- Strategies to promote health and wellness

WI has 6 OTR educational programs at Universities and 6 OTA programs at technical colleges. OTs and OTAs are skilled professionals whose education includes biological sciences and the study of human growth and development with an emphasis on the social, behavioral and physiological effects of disability illness, and injury as well as health promotion. Their education also involves in depth fieldwork and passing a national exam in order to obtain a license to practice.